

Is “Easy to Become Dizzy with Success” the Same as “Easy to be Discouraged by Failure”? A Test for the Two-Dimensional Success and Failure Contingencies of Self-Worth

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Previous studies revealed that individuals differ in their contingencies of self-worth (CSW), and CSW can influence how much their self-worth fluctuated by positive and negative events. Moreover, CSW can predict individuals' affective, cognitive, motivational, behavioral, and interpersonal variables. Although recent studies agreed that individuals contained multiple CSW in various domains, these studies assumed individuals' CSW on positive and negative events as the same psychological construct and tended to combine both types of scale items to create an one-dimensional index. However, the present study proposed that individuals' CSW on positive and negative events are two distinctive dimensions. After dividing CSW in achievement domain into two dimensions of success (positive) and failure (negative) CSW, SEM analysis from 440 undergraduates showed that the two-dimensional CSW model had better model fit than one-dimensional model. Furthermore, two-dimensional CSW model had better predictive value for well-being index than one-dimensional CSW model.

Keywords: *contingencies of self-worth, failure contingencies of self-worth, success contingencies of self-worth, two-dimensional model of success and failure contingencies of self-worth, well-being*