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CHILDREN'S STRESS: A PILOT STUDY

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ABSTRACT

Most of the studies on children's stress were based on the adult's "disease model", but it is questionable. Since children are still in the developing processes, should be considered as a very important variable. So, the best approach to study children's stress is "development model". This study was also based on adult's stress model, but hope to use children's data to check whether concepts like "stress", "coping", "social support" etc., which are the basic concepts of adult's stress model, were still fitted in children? Or after the consideration of developmental factor, should the adult's stress model be modified? The results suggested that the basic concepts of adult's stress model were still useful in children, but the contents of these concepts were changed through different ages. Finally, the future direction of the research of children's stress were discussed.

Keyword: childhood stress, coping, social support